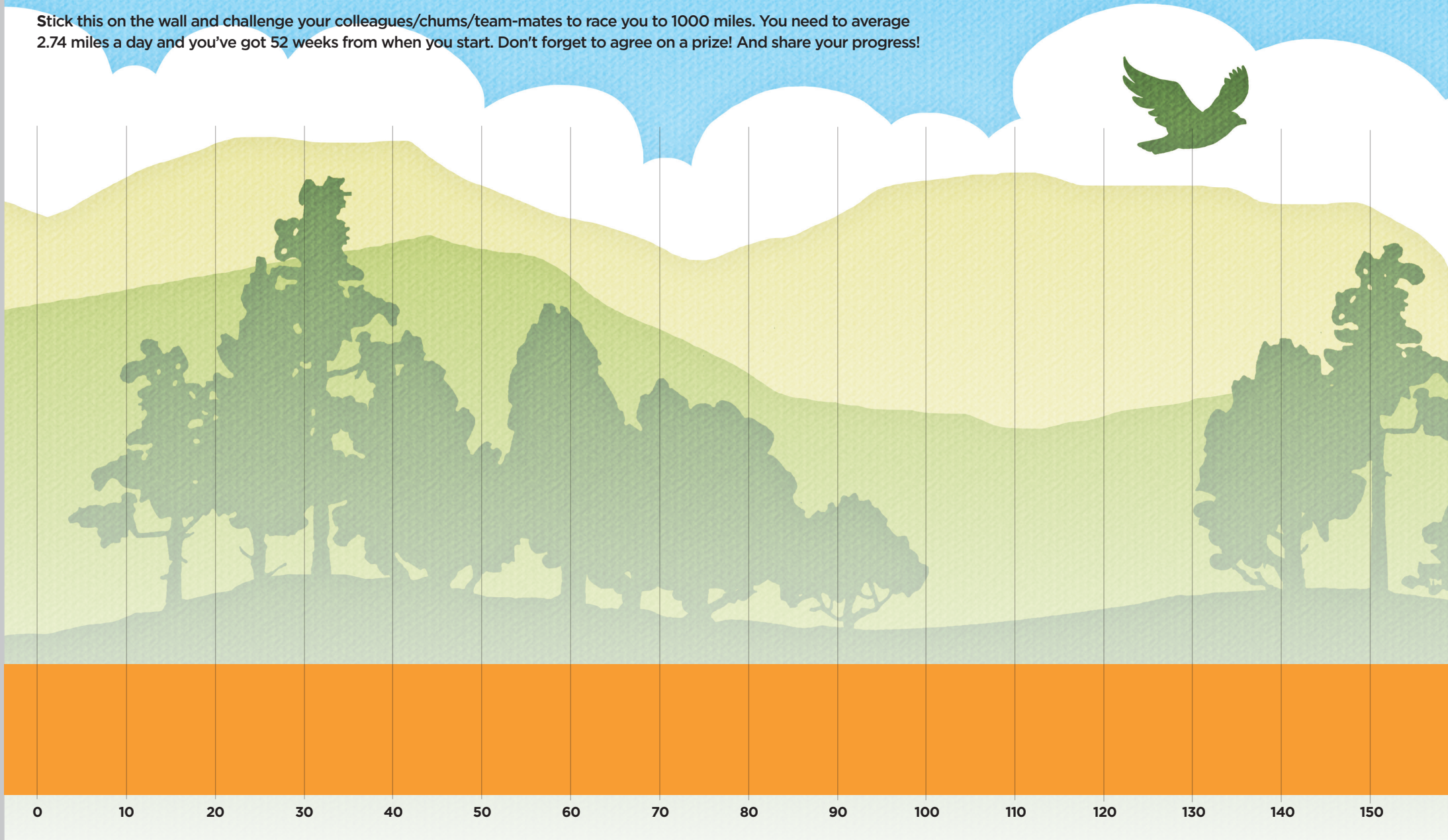
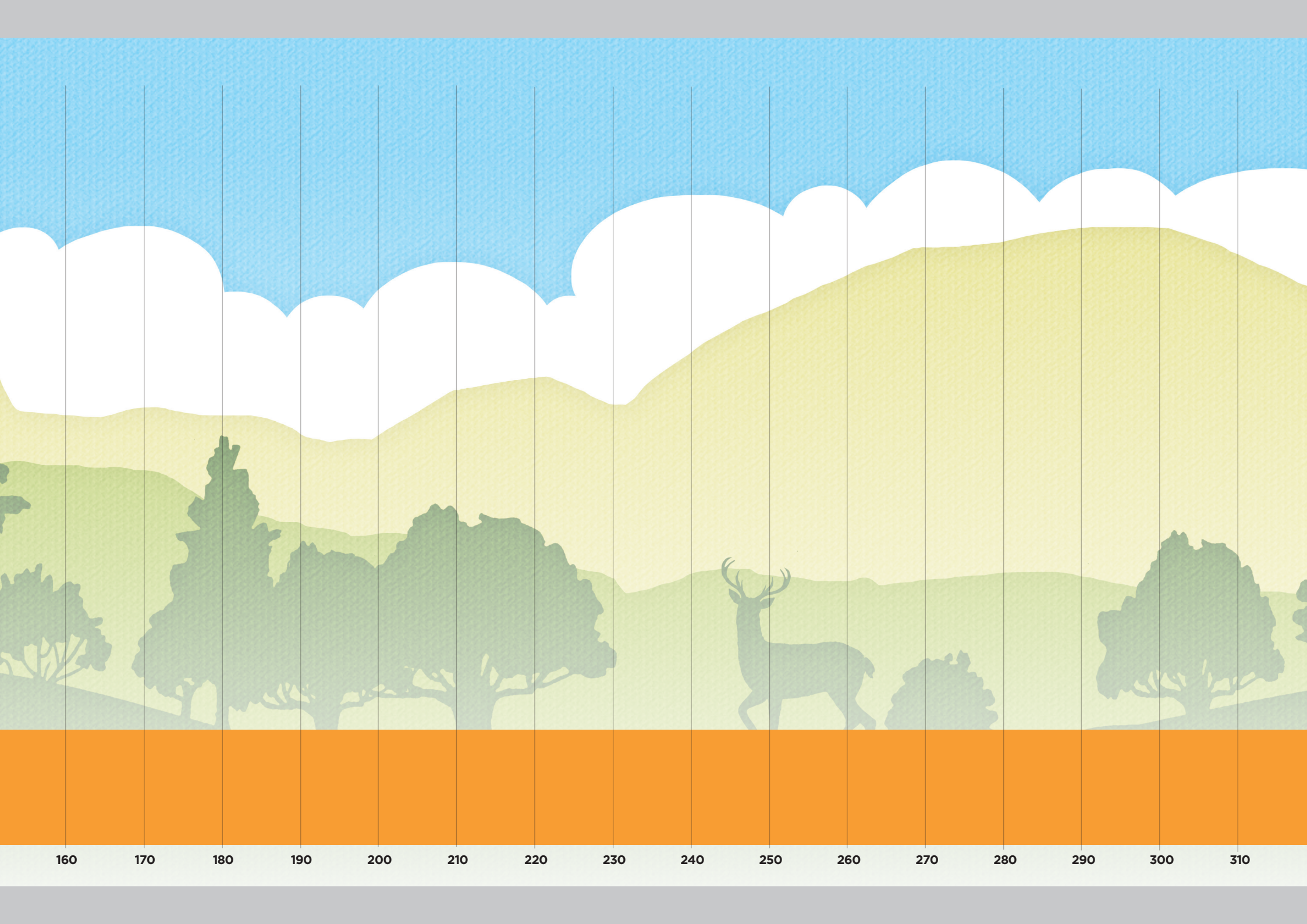


RACE YOU TO 1000 MILES!

Stick this on the wall and challenge your colleagues/chums/team-mates to race you to 1000 miles. You need to average 2.74 miles a day and you've got 52 weeks from when you start. Don't forget to agree on a prize! And share your progress!





160

170

180

190

200

210

220

230

240

250

260

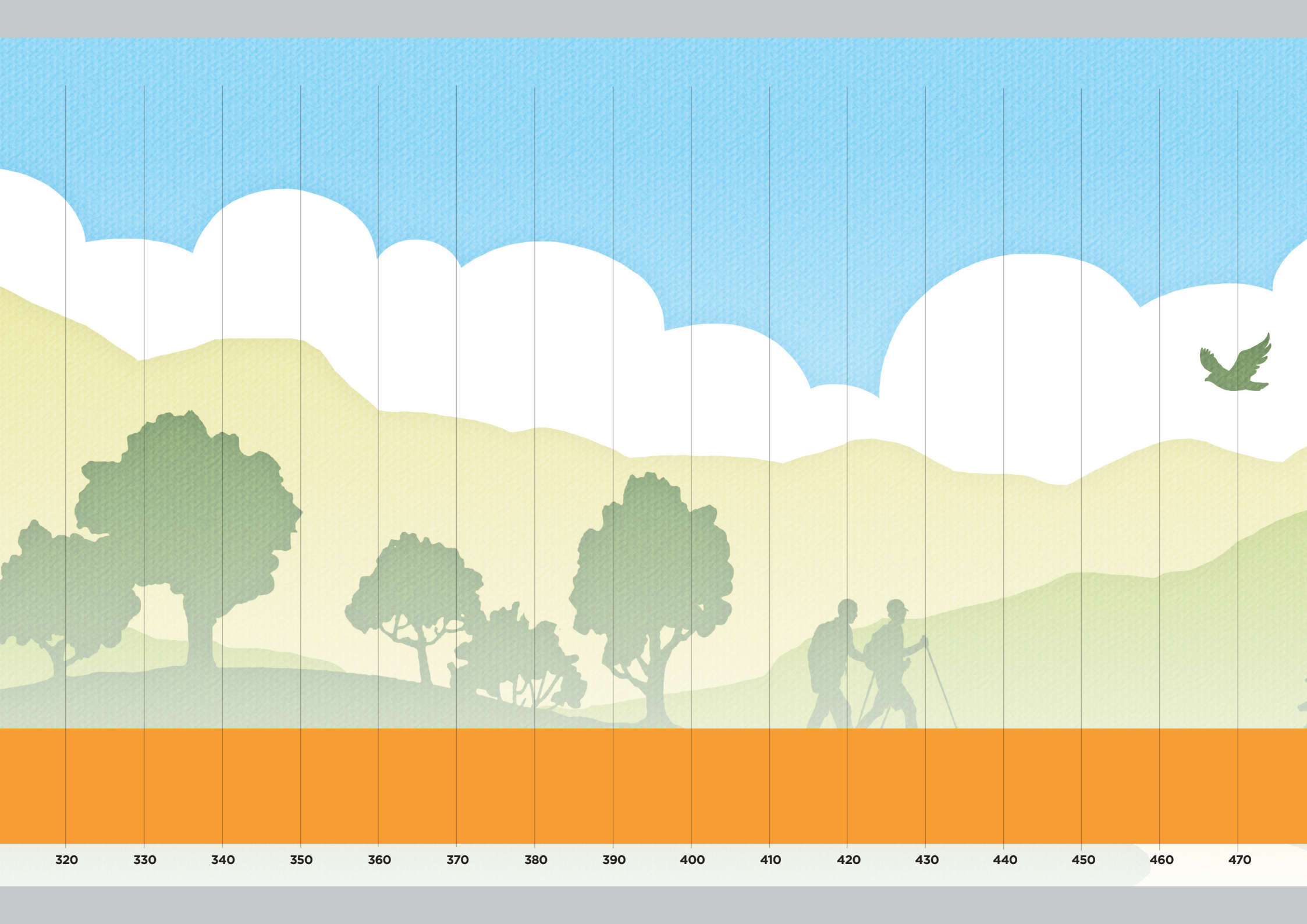
270

280

290

300

310



320

330

340

350

360

370

380

390

400

410

420

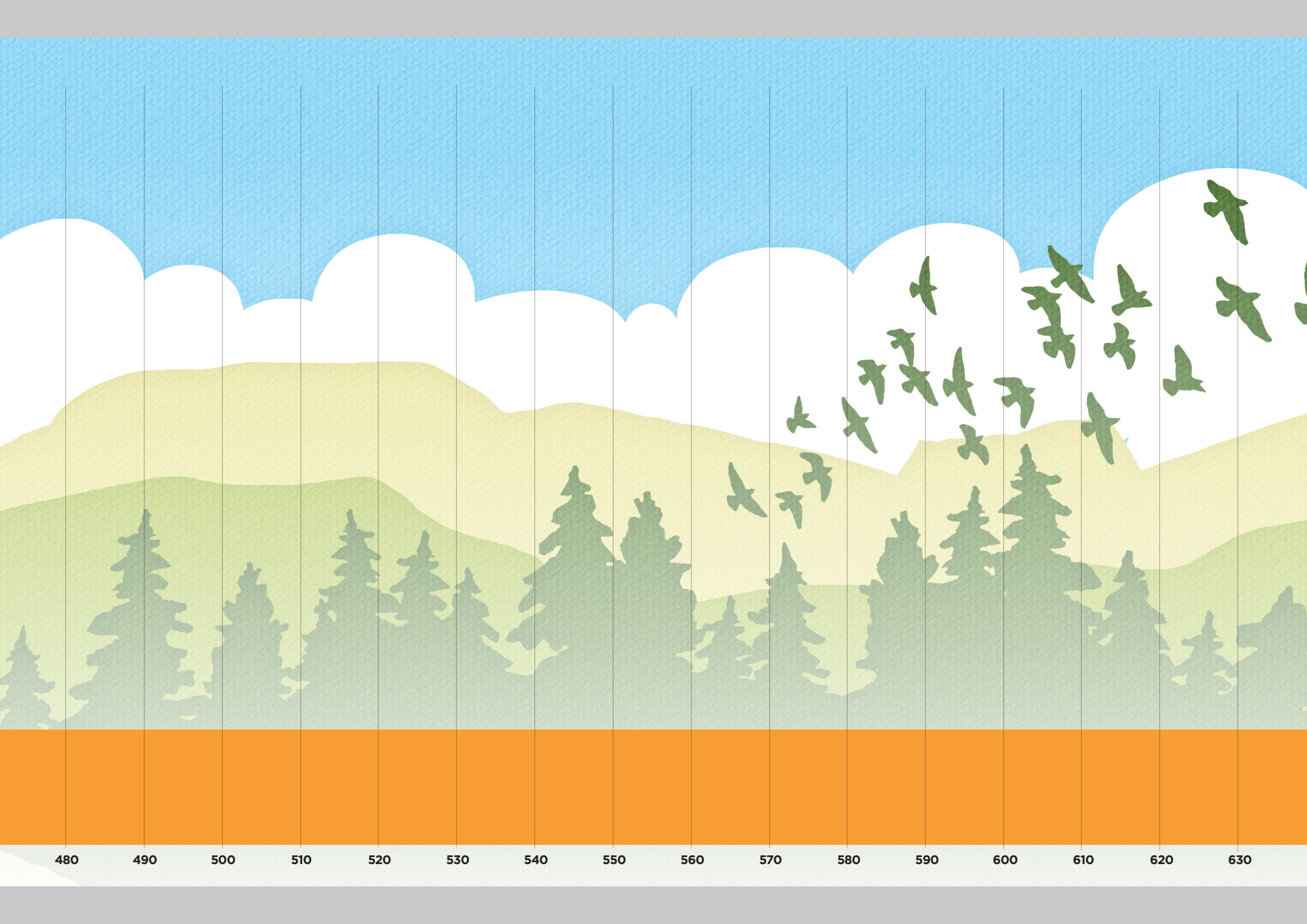
430

440

450

460

470



480

490

500

510

520

530

540

550

560

570

580

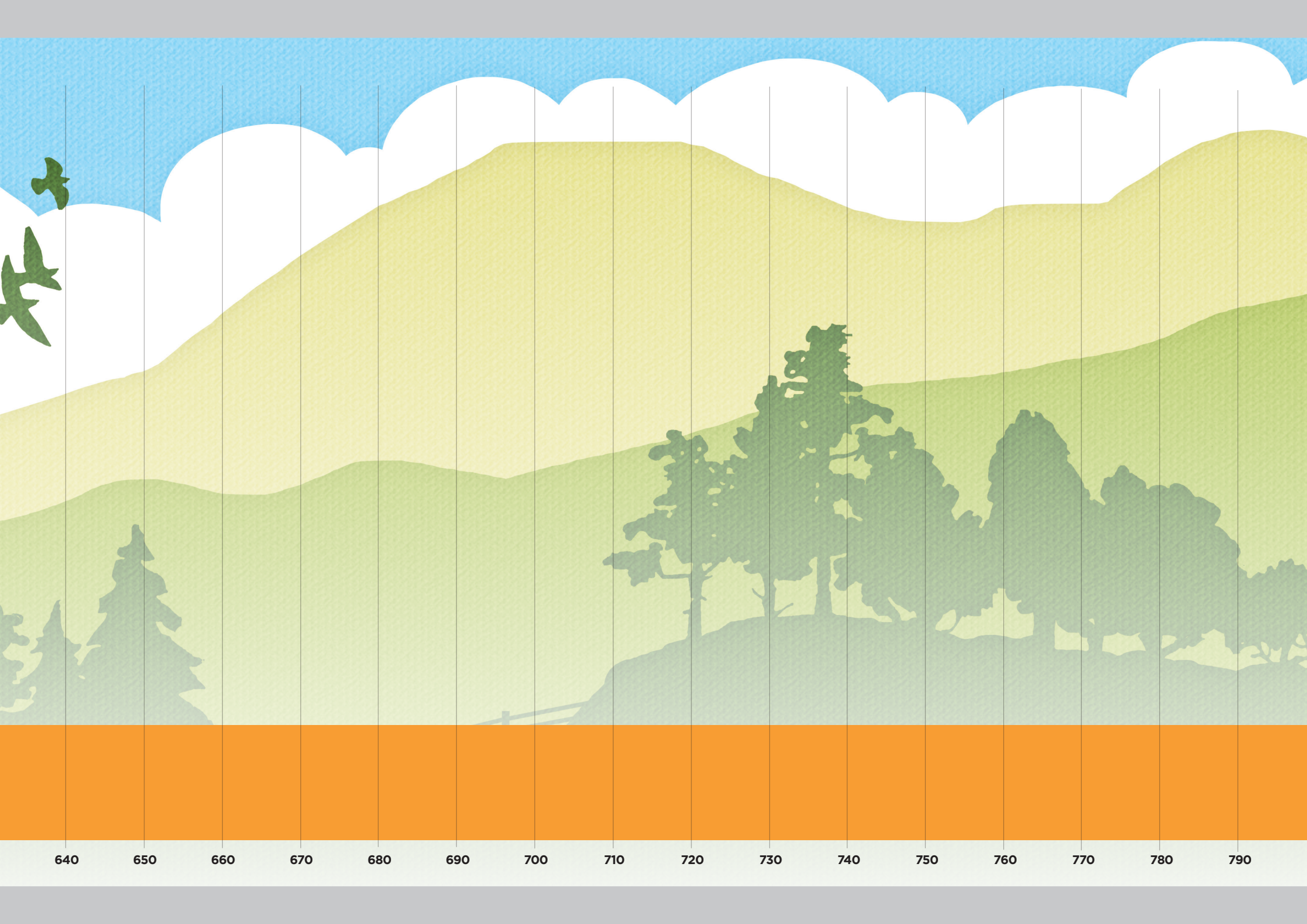
590

600

610

620

630



640

650

660

670

680

690

700

710

720

730

740

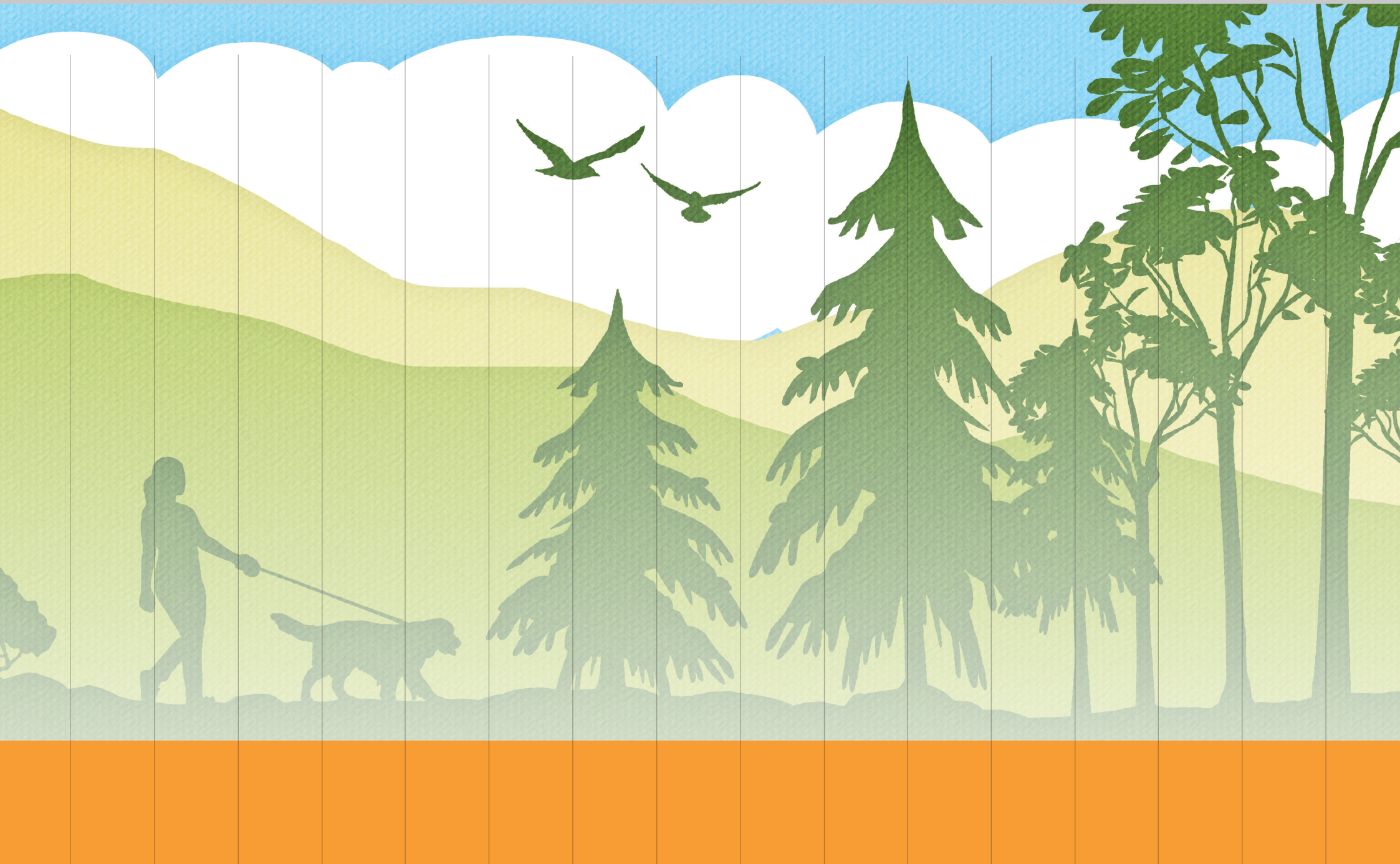
750

760

770

780

790



800

810

820

830

840

850

860

870

880

890

900

910

920

930

940

950



Country
walking
Walk
1000
miles
2020

OUR BRILLIANT PARTNERS



AFFINITY
 Photo



deuter



SCARPA®
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FUJIFILM

Rohan®



Ordnance
 Survey

Bridgedale®

Slimming®
 WORLD

960

970

980

990

1000

CUT OUT YOUR AVATAR

