

# 23 ISLE OF ANGLESEY NEWBOROUGH SANDS

▶ Distance: 10½ miles/17.2 km ▶ Time: 5 hours ▶ Grade: Challenging



Views across Newborough Warren to Snowdonia and the Llŷn Peninsula.

PHOTO: TOM BAILEY



**CHOSEN BY...**  
**JENNY WALTERS**  
Newborough's corner of Anglesey

has some of the finest coastal walking in Britain: a tidal island dedicated to the Welsh St Valentine, sandy beaches that stretch forever, dunes a-bristle with flora and fauna, and the peaks of Snowdonia and the Llŷn Peninsula a constant backdrop across the waves. The full route to Abermenai Point, the most southerly tip of Anglesey, is only possible at low tide and Llanddwyn Island is cut off during very high tides too. There is an alternative route for high water but aiming for low water is recommended, for the full seaside experience!

**1 Start**  
Leave car park by info board, walk along path through gate and on across dunes, following a series of waymark posts, to go through kissing gate and reach bench at edge of beach. The next section to Abermenai Point is only accessible around low tide (if tide is against you, turn R here on path along edge of grassy dunes to rejoin main route at Traeth Llanddwyn). Cross small marshy patch ahead and then take a straight line SSE (160° bearing) to walk/paddle for nearly a mile across sand to the high dunes of Abermenai Point ahead.

**2 1¼ miles/2.8km**  
As you reach shingle just before dunes, turn R and walk

## PLAN YOUR WALK



### ROUTE

#### Start/parking

Car park at road end one mile south of Newborough, grid ref SH431643

**Is it for me?** Beach; some quiet roads. This walk can only be done at low tide

**Stiles** None

### PLANNING

**Nearest town** Llangefni

**Refreshments** None

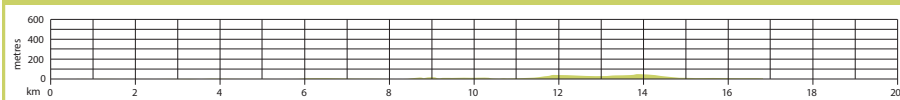
**Public toilets** None

**Public transport** None to start. Bus 42 Bangor-Llangefni drops on route, by A4080 roundabout just north of start.

**Maps** OS Explorer 263; Landranger 114

round edge of beach to cut west over line of dunes ahead and reach beach on other side. Turn R and stroll along golden sand for ¾ miles/5.3km, first with dunes to R, and then woodland, to reach rocks at neck of Llanddwyn Island.

## GRADIENT PROFILE



23 ISLE OF ANGLESEY  
NEWBOROUGH SANDS▶ OS Explorer map 263 ▶ Buy maps at: [ordnancesurvey.co.uk/mapshop](http://ordnancesurvey.co.uk/mapshop)

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**3 5¼ miles/8.4km**  
Climb steps onto Llanddwyn and follow waymarked path out along island, undulating along crest to reach gate. Fork R here following footprint sign, and keep with pale path along R-hand side of crest to large cross and lighthouse beyond.

**4 6 miles/9.6km**  
From lighthouse, drop back to main path and turn R, soon bearing L past cottages and cannon. Keep ahead with main path to the ruins of St Dwynwen's chapel. Fork R to follow blue footprint sign, up steps and along R edge of headland. Continue through gate and on along island, passing paths to R which drop to beaches, to reach info shelter. Walk ahead across beach towards forest, passing

outcrops of pillow lava. Bear R along back of beach and after a couple of hundred metres take track L into forest. Turn R as you enter woods, signed high tide route, and follow bootprint waymarker posts over dune and on to signpost.

**5 7¼ miles/11.5km**  
Head inland on main track signed 'forest', following bootprint sign. When track and coast path swing R, go straight ahead past gate signed 'bike quest'. Keep ahead as track comes in from L, and pass two turns to R to reach path crossroads. Cross track and take path straight on, keeping R when path forks. When you hit another track, turn L on it and when it bends sharp L, go ahead through kissing gate with footpath arrow and walk across field, keeping R when it

forks to reach gate in far R corner and lane beyond.

**6 8¾ miles/14.2km**  
Go L on lane, then R on corner by cemetery. The lane turns to track: keep with it past path to L and R, and on through gate into nature reserve. When track bends R, turn L on coast path and follow track to car park. Continue on lane ahead and turn R before roundabout along road to start. **CW**

**TRAILZILLA ID:**  
TZID30759

Use the TZID to download the walk from [www.ifto.com/routes](http://www.ifto.com/routes) or search for it in the **Country Walking Best Walks in Britain App**

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**memory-map**



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