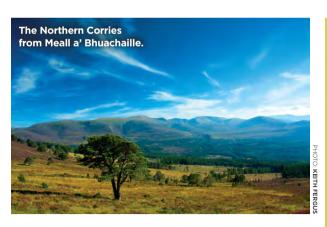


### 26 HIGHLAND MEALL A' BHUACHAILLE

Distance: 5½ miles/9km Time: 4 hours Grade: Moderate







# CHOSEN BY... KEITH FERGUS Meall a' Bhuachaille is the high point

of the Kincardineshire Hills that rise to the north of the Cairngorms' central massif. This straightforward route heads through Glenmore to pass the stunning An Lochan Uaine and then Ryvoan Pass to Ryvoan Bothy. From here a good path climbs all the way to the summit of Meall a Bhuachaille before dropping down into Glenmore Forest Park and back to the start.

#### Start

Walk east through Glenmore Visitor Centre car park, go around barrier, cross side road, pass Cairngorm Reindeer Centre onto single-track road. Follow this for 100 metres then bear L onto shared cycle/footpath. This progresses easily for 1km to return to road just beyond Glenmore Lodge, Scotland's National Outdoor Training Centre.

**→** 3/4 mile/1.25km

Turn L onto track signposted 'Forest Lodge and Nethy Bridge', walk northeast along Rathad nam Meirleach through gorgeous surrounds of Glen More - Scottish crossbill and crested tit may be spotted. Carry on for 1.5km to An Lochan Uaine, which translates as the Little Green Loch. Continue through narrow defile of Ryvoan Pass, hemmed in by slopes of Meall a Bhuachaille

#### **PLAN YOUR WALK**



#### **ROUTE**

Start/parking Glenmore Visitor Centre Car Park, PH22 1QU, grid ref NN976099

Is it for me? Woodland and mountain paths and tracks. Steep ascent/ descent

Stiles None

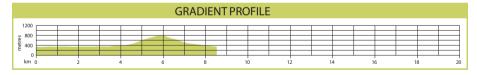
#### **PLANNING**

Nearest town Aviemore Refreshments The Winking Owl, Aviemore (Tel: 01479 812 368) Public toilets Glenmore Vicitor Centre

Public transport Trains and buses from Glasgow, Edinburgh and Inverness to Aviemore. Bus from Aviemore to Glenmore. Maps OS Explorer OL 57:

Maps OS Explorer OL57 Landranger 36

and Creag nan Geall. In a while track splits. Keep L, make gradual ascent to small but perfectly formed Ryvoan Bothy. Up until late 19th

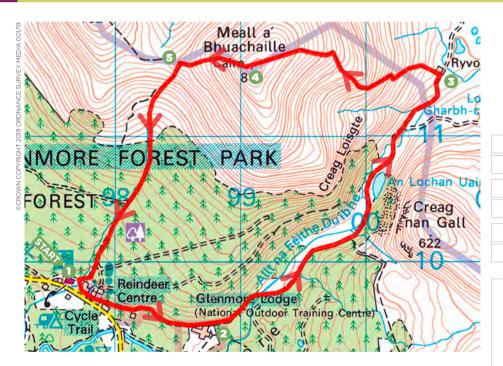




## 26 HIGHLAND MEALL A' BHUACHAILLE



OS Explorer map OL57 Buy maps at: ordnancesurvev.co.uk/shop



century it formed part of farmhouse but today Ryyoan is just one of around 100 similar remote shelters across Britain maintained by Mountain Bothies Association.

**7** 2½ miles/4km Excellent path strikes steeply west up eastern hillside of Meall a' Bhuachaille. When path splits keep L. continue southwest then northwest. enioving marvellous view of teardrop-shaped An Lochan Uaine. In a while, incline eases a little as path makes final gradual approach to gain Meall a' Bhuachaille's 810-metre

summit. Stunning view extends north to Ben Rinnes and to the Cairngorm massif, with the ragged outline of Northern Corries catching the eve.

3¾ miles/6km

To descend, head west. Initially path is vaque but soon becomes clear as it drops steadily - with view towards Creagan Gorm - down to col at 650-metre contour line.

41/4 miles/6.75km

Here bear L onto another fine path, leaving main ridge behind. Descend southwest towards Coire Chondiaich.

enjoying fine view of Loch Morlich. Path soon veers L and continues south down into Glenmore Forest Park. At junction keep R from where steeper gradient, through attractive Scots pine and birch woodland, returns to Glenmore Visitor Centre. W

### VIEW THE WALK ON **OS MAPS ONLINE:**

Ifto.com/cwroutes

IN ASSOCIATION WITH





WALKED

TIME TAKE